

# Alvarado ISD – School Health Services

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## Food Allergy Information

Student's Name: \_\_\_\_\_

Student is Allergic to: \_\_\_\_\_

Symptoms seen with past allergic reaction(s): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Treatment of past allergic reaction(s):

\_\_\_\_\_ Benadryl

\_\_\_\_\_ EpiPen or EpiPen Jr.

\_\_\_\_\_ None-observation only

\_\_\_\_\_ Other (please explain: \_\_\_\_\_)

Nature of allergic reaction:

\_\_\_\_\_ **Ingestion of food** containing the allergen may cause an allergic reaction

\_\_\_\_\_ **Physical contact** (touching) with this allergen may cause an allergic reaction

\_\_\_\_\_ **Airborne contact** with the allergen may cause an allergic reaction

### EATING LUNCH AT SCHOOL:

List of food products that need to be avoided: \_\_\_\_\_

\_\_\_\_\_

Student will:

\_\_\_\_\_ Bring lunch from home

\_\_\_\_\_ Eat cafeteria food

\_\_\_\_\_ Bring lunch or eat cafeteria food

If student eats cafeteria food will food choices need to be monitored?

\_\_\_\_\_ Yes, parent will review the menu and discuss food choices with the student

\_\_\_\_\_ No, student will make his/her own food choices

### ***FOOD SERVICES WILL BE NOTIFIED OF INDIVIDUAL FOOD ALLERGIES***

### **CLASS PARTIES/SNACK TIME**

What foods can be eaten during class parties or snack time?

\_\_\_\_\_ Student will bring his/her own food from home for parties or snack time

\_\_\_\_\_ Student can eat **only** store bought snacks with an ingredient label that can be checked by the teacher or nurse

### **CLASS PARTIES/SNACK TIME: PEANUT OR NUT ALLERGY**

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Can student eat store bought snacks with an ingredient label that says, “May contain peanuts” or “Made on equipment that also processes peanuts and nuts”? \_\_\_\_\_ No \_\_\_\_\_ Yes

Additional Comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

03/30/2017